

**CFBHPP Committee
Meeting Summary
November 10, 2005
Henrico Training Center
E. Parham Road – Richmond**

I. Welcome and introductions

Brian called the meeting to order, welcomed new members and asked the committee to introduce themselves. Brian provided a brief orientation about the reason for the committee for the benefit of new members, related to the legislation, recommendations for the creation of a new Office of Child and Family Services and other activities of the committee including the merger of the CFBHPP Committee and the Child and Adolescent Special Populations Workgroup. (The Child and Adolescent Special Populations Workgroup still functions since the Department is continuing restructuring and transformation of Virginia's behavioral health system. The workgroup is waiting for further direction from the Department). Brian then reviewed the 2005 recommendations of the committee included in the 2005 report to the Chairmen of the Senate and House Appropriations Committees. The committee's work for the last three months have been targeted to efforts to strategies to implement the recommendations contained in the report.

Fran G. recommended using tele-conferencing for members who cannot travel. The 2006 meetings will be held at the Henrico CSB located on Woodman Road. There was discussion about setting up tele-conferencing for meetings to facilitate family participation on the committee.

Motion to accept the October meeting summary made by Harry and Catherine seconded the motion to accept the minutes.

II. Celebrations

Brian – seed grant \$130,000 to establish outpatient clinic for adolescents with co-occurring disorders. Clinic with services for research, training for professionals who work with adolescents with co-occurring disorders, not adding special populations such as MR, children with disabilities.

Shirley – hiring four new staff, administrative, SA Coordinator, Evaluator and a contract for training with Mid-Atlantic Technology Transfer Center. The grant will allow us to develop SA services for adolescents in the state. Mid-Atlantic Technology Transfer Center will hire a trainer. Virginia Summer Institute for Addiction studies will do an adolescent SA tract targeted for ancillary providers. Grant will support scholarships for the summer institute. Regional trainings on evidence based practices will be available once staff is hired. Additional information will be forthcoming

Joanne – will be hiring an adolescent health coordinator for eventual development of a state plan for adolescent health. VDH is planning for a six module web-based training on EPSDT training for providers with continuing education credits for family physicians, pediatricians. Non-physicians will be able to participate in the training and receive continuing education credits as well.

Catherine – policy academy in December to focus on custody relinquishment and out-of state placement. Virginia will be sending a state team to the academy.

Pat – is retiring from Lynchburg DSS and has accepted position with Presbyterian Family Services. Brian acknowledged Pat's leadership in Virginia for developing system of care.

Kim – recently attended a regional CPMT meeting and was energized by the group's meeting.

Sandy- hired a chief child psychiatrist.

Don – working on SA research project. Have completed the project and are merging data for further exploration and study.

Joyce – resource team met and is reviewing evaluations from training for planning future trainings.

Fran – next meeting of VAINFO is Nov 14th, in the evening of the 14th, families will present public comment at the SEC meeting. Va Mental Health Planning Council held a planning retreat, endorsing 330-F recommendations, Mental Health coalition approved \$16,500 grant to the family coalition to plan a family/provider conference. Med Home applied for an integrated services grant.

Mary- Tazewell County has a new special education director providing opportunity for planning for case management to work with children with behavioral disorders in the schools.

Harry – asked to represent the Academy of Pediatrics at NIMH and noted NIMH discussing preemptive medicine, need to consider this concept for human service.

Richard – his son who is autistic communicated using language this week.

Patrice – volunteers at Medical Home Plus, related positive experience working with parents, supporting parents

Mary Dunn-Stewart – expecting baby in the next 18 days. Mary will be out until January 30th. Met with Phil Hamilton, stressed the importance of parents, that's what will make a difference. Writing letters, sending e-mails, phone calls make a difference.

Tamara – quarterly conference of Va Youth Advisory Council was held in Virginia Beach. Wonderful opportunity to network with these adolescents, outstanding group of kids got together, openly discussed their concerns about foster care. Their next conference is January.

Karen – save the date announcement Richard LaVoie will be speaker at a conference December 6th. Karen also noted that the Capital Health Education Center would be glad to collaborate and partner on proposals that target medically underserved areas of central Virginia. Additionally, can connect to the ALTEC statewide program. Prefer to be an active partner when possible.

Carolyn- reiterated positive feelings about the momentum that is occurring at the local level.

Leah – General Assembly is paying attention to the issues related to juvenile detention. Did a one-day snapshot of children in detention. Detention superintendents will continue to collect this data on a monthly basis. Leah will share the data with the group.

Ursula – DCJS supported training for detention facilities. Two and half day training for teams partnering with MH/JJ based on the successful collaborative model currently used in seven communities. MH/DJJ model is successful, to address mental health needs and reduce juvenile justice involvement. Regulations will be forthcoming for public comment related to transition and Leah will let committee know when they are published.

Jeanette- Virginia's program is one of the top two models in the country, only program that offers community based services for juveniles undergoing evaluating competency to stand trial. It is a mental health, juvenile justice and forensics, modeling System Of Care, offering juveniles and their families' community services in lieu of hospitalization.

III. Endorsement updates and sponsorship list for 2005 recommendations

Brian reported on the testimony presented at the Joint Commission on Health Care. Wampler was supportive of the recommendations made by the committee. Morgan was complimentary of the report and Brian's delivery of the report in a meeting held within two days of the Commission meeting. The Department was impressed with the delivery of the report and felt that funding may be possible. There was a question about where were the parents. Brian stressed the importance about parents' involvement to advocate about children's mental health issues and encouraged public comment at the budget hearings. Fran raised the issue of ensuring ongoing involvement of families, various ways to support family members, expand opportunities to various parts of the state through technology, etc. Are we willing to consider alternative meeting dates and times to be more accommodating to families. Fran and Joyce to start working on alternative times to meet, evenings, weekends, etc.

Various representatives of advocate groups asked for notices about meetings to encourage families to testify at hearings. The committee discussed about how to involve

children in our efforts through youth advisory groups, modeling this after DSS' Youth Advisory Group. Tamara will talk with the Youth Advisory Committee about collaboration with the CFBHPP committee. The issue of youth involvement will be a topic for discussion at the next meeting.

Update – Message Committee – Don Roe/Fran Gallagher

Don – report has been consolidated to a one-page fact sheet. Solutions are the recommendations of this committee. VAINFO will be the focal point for disseminating this information. Copies were distributed to members of the committee. Goal: distributing the fact sheet to key people. Fact Sheet will be disseminated electronically to committee members.

A second product – endorsement sheet for individuals to sign and send to VAINFO. Purpose to get the names of organizations that support the recommendations.

Mary Cole – stressed the fact that Senator Wampler supports funding for children’s services. He is interested in what this group wants. What has the group come to consensus about, prioritizing the recommendations. Recommendation was made for Mary to bring a family member with her when she meets with Wampler.

Status of letters for families – Beth Rafferty did a draft. There was a suggestion for a couple versions of letters ready to be given to family members by December in preparation for the convening of the General Assembly, within the next two to three weeks.

Process Committee - Mary Dunne Stewart

Has been waiting for the message. VaCSB has endorsed the recommendations, especially the recommendations around the pilot programs. Executive Committee needs to set up a meeting to discuss strategies about who the key players are for behavioral health services and to recruit providers and families to promote the recommendations before members of the General Assembly. Phil Hamilton will be attending the Policy Academy and this will present an opportune time to promote the recommendations. It would be important to send the whole packet to members of the General Assembly.

Mary and Brian met with the editorial board of the Richmond Times Dispatch; running a series on the Sunday commentary section, nothing has been finalized.

Prioritizing 2005 Recommendations

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|----|----------|--------------------------|----------|
| 1. | A | Family Support Coalition | \$500,00 |
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2. Training

Payback

- B** Child psychiatrists and psychologists
- C** Regional EBP trainings for BH providers
- C** Regional BH trainings for physicians

3. System of Care

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|----------|--|----------------|
| D | 8 Evidence based practice pilots | \$4.0 million |
| E | 4 new MH/JJ detention programs (now 7) | \$240,000 |
| F | 20 middle school based therapists | \$ 1.8 million |

Total **\$8.24 million**

Discussion about strategies in rank ordering the recommendations:

- Need to think what can be achieved in terms of approach.
- What we think will be the bigger impact may not be the same impact legislators will think about, what's best for families. Legislators will think in fiscal terms, everything we prioritize should be framed from a fiscal perspective with outcomes.
- What are things that can be count down vs. asking for the total recommendations?
- Legislators are interested in outcome data.
- Questions and discussion about how MH/DJJ projects are funded. Is a strategy to consider one fiscal agent and collaborative effort between two agencies? Another way to think about it who is going to back this recommendation and who are the allies. The target for this project is children who are pre-sentence. Several programs have funded projects through their budgets. Looking to develop indicators to demonstrate success. Need to identify three measures to get the point across. How does identifying those services impact the youth discharged from facilities.
- All the funding proposed will be appropriated through the DMHMRSAS.
- Scientific outcomes will come with time. We need to go in to the discussion reporting how this process of working with SOC has improved their community related to the provision of services. Process outcomes. Framing it as community outcomes.
- Training staff needs to be a priority.
- From a parent's perspective, the funding is backwards. The family coalition should receive a greater share of the funding. There is no advocacy for parents. Families need support now. Recognize that \$500,000 is a starting point. This is state funding. Other funding sources are already being accessed for family support.

- Families want to know how agencies are going to serve them now. What exactly are children going to receive now? What are you doing for me?
- Services are beneficial and will be available to families.
- Need to re-frame the budget item of family support to emphasize central point of entry, resource for families and not for the sole purpose of advocacy. Small amount of funding for an imitative with long-term effects. This is something families want, with a big impact for them.
- Severe shortage of people and knowledge.
- There is precedent for scholarships for training professionals with payback provisions such as commitments to serve underserved communities.
- Evidence based practices will provide the outcome data that is needed.
- Importance of keeping SOC momentum going. The legislators are there. The D & E, we are already there. The legislators are using the terminology. Any funding coming to the Department has this terminology contained in the appropriation. SOC recommends 51% parent participation and 49% professionals.
- Middle school initiative- 4 schools in each region. Based on our model? There are several models of school based mental health. National center in Maryland to access additional information about models. Decreases truancy, increases graduation, etc. Could this be a link to the detention project, outcome could relate to school grades. School initiative could have a larger impact, reaching greater group of children, reaching the largest number of kids, with a greater potential for success.

Prioritizing the 2005 Recommendations (Rank-ordered)

- I. Family Support Coalition - \$500,000
Regional EBP training for BH providers and Regional BH trainings for physicians - \$1 million
- II. System of Care: 4 evidence-based practice pilots - \$2 million
Training for child psychiatrists and psychologists - \$700,000
- III. System of Care: 4 evidence-based practice pilots - \$2 million
20 middle school based therapists – \$1.8 million
4 new MH/juvenile justice detention programs - \$240,000

Autism – Presentation Richard Foster

For a copy of Mr. Foster's complete remarks please refer to the attachment to the meeting summary.

- Advocating for a re-alignment DMHMRSAS' priorities
- Population of children with autism is growing
- Early intervention will reduce need for additional services.
- Writing a series of articles for Virginia Magazine.

Foci for the next report

- Autism spectrum disorders, mental retardation and substance abuse are priority areas for this committee to consider for the next report.

The chair invited parents to return to and to participate on the committee recognizing their voices are important to the work of the committee.

Meeting adjourned.